

Dr. Mitesh Vashistha

Consultant - Physiotherapy and Sports
Rehab Centre



Education Qualification :

- ▶ Bachelor in Physiotherapy
- ▶ FIMT (Federation of Indian Manual Therapy)

Work Experience :

- ▶ Experience of 11 years in sports injuries and joint replacement rehabilitation

Special Interests :

- ▶ Agility Training Program
- ▶ ACL, PCL, and all ligament Injury Rehabilitation
- ▶ Gait Training Program
- ▶ Joint Replacement Rehab Program

Expertise :

- ▶ Ultrasound
- ▶ Electro Therapy
- ▶ Muscle Stimulation
- ▶ Neuro Rehabilitation

OPD Timing :

Monday to Saturday, 10:00 AM- 4:00 PM



ETERNAL HOSPITAL



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